



Attencia®

Supports Focus & Cognitive Performance*

Form: Softgels Flavor: Size: 60 Softgels

Attencia* is scientifically formulated to promote attention and focus with a novel blend of targeted ingredients. This unique formula features the cognition-enhancing benefits of caffeine from phytonutrient-rich green coffee bean extract and guarana extract combined with theanine, essential fatty acids, and zinc to support alertness and cognitive performance.*

Ingredients	Amount Per Serving	% Daily Value
Serving Size	1 Softgel	
Servings Per Container	60	
Calories	10	
Total Fat	1 g	2%*
Zinc (as zinc citrate)	7.5 mg	50%
Marine Lipid Concentrate	400 mg	**
Eicosapentaenoic Acid (EPA)	60 mg	**
Docosahexaenoic Acid (DHA)	156 mg	**
Other Omega-3 Fatty Acids	120 mg	**
Borage Seed Oil (providing 60 mg gamma-linolenic acid)	300 mg	**
A Proprietary Blend of:	175 mg	**
A Proprietary Blend of: Caffeine [from green coffee bean (Coffea canephora)], Green Coffee (Coffea canephora) Bean Extract, and Guarana (Paullina cupana) Seed Extract [providing 100 mg total caffeine, 16.5 mg polyphenols, and 13 mg chlorogenic acid]		

Other Ingredients: Gelatin, glycerin, water, beeswax, sunflower lecithin, caramel (color), zinc oxide (color), and annatto extract (color). Contains: Fish (anchovy, sardine, tuna, and mackerel).

Directions: Take one softgel twice daily with food or as directed by your healthcare practitioner.

Warning: Do not use if pregnant or nursing, or if

sensitive to caffeine. Not recommended for use by children under 18 years of age.

Caution: Contains 100 mg of caffeine per serving comparable to 4-5 ounces of coffee. Limit caffeine products to avoid nervousness, sleeplessness, and occasional rapid heartbeat. If taking other nutritional supplements or medication—including blood thinning medication—consult your healthcare practitioner before use. Do not use before surgery. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

This product is gluten-free.

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

This product is manufactured in a facility that produces products containing wheat, milk, egg, soy, tree nuts, crustacean shellfish, and gluten ingredients.