



Axis Endo™ (formerly Estrium)

Specialized Support for Hormone Metabolism in Men and Women*

Form: Powder

Flavor: Mango

Size: 14 Servings

Axis Endo™ is a phytonutrient nutrition powder designed for men and women to help support healthy estrogen and testosterone metabolism and to help support bone, cardiovascular, and neurological function.* Axis Endo features key vitamins, minerals, and phytochemicals that influence pathways of estrogen and testosterone metabolism and may help reduce oxidative stress in sensitive tissues.* This multidimensional formula features flaxseed lignans, calcium D-glucarate and zinc.

Ingredients	Amount Per Serving	% Daily Value
Serving Size	2 Scoops (40 g)	
Servings Per Container	14	
Calories	130	
Calories From Fat	45	
Total Fat	5 g	8%*
Total Carbohydrate	15 g	5%*
Dietary Fiber	7 g	28%*
Sugars	2 g	
Protein	13 g	
Vitamin A (as mixed carotenoids)	2,500 IU	50%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D (as cholecalciferol)	1,000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate)	300 IU	1,000%
Vitamin K (as menaquinone and phyloquinone)	90 mcg	113%
Thiamin (as thiamin HCl)	0.75 mg	50%
Riboflavin	1 mg	59%
Niacin (as niacinamide)	10 mg	50%
Vitamin B ₆ (as pyridoxine HCl)	50 mg	2,500%
Folate (as calcium L-5-methyltetrahydrofolate) ₁	400 mcg	100%
Vitamin B ₁₂ (as methylcobalamin)	300 mcg	5,000%
Biotin	150 mcg	50%
Pantothenic Acid (as calcium D-pantothenate)	5 mg	50%
Calcium (as calcium D-glucarate and calcium citrate)	500 mg	50%
Iron (as ferrous fumarate)	13.5 mg	75%
Phosphorous	350 mg	35%

Iodine (as potassium iodide)	100 mcg	67%
Magnesium (as magnesium citrate)	200 mg	50%
Zinc (as zinc citrate)	12 mg	80%
Manganese (as manganese sulfate)	1 mg	50%
Chromium (as chromium picolinate)	100 mcg	83%
Sodium	120 mg	5%
Potassium (as dipotassium phosphate and potassium iodide)	400 mg	11%
Flaxseed Hull (containing lignans)	1.84 g	**
Calcium D-Glucarate	1.5 g	**
Milk Thistle (Silybum marianum) Seed Extract providing 140 mg silymarin ^{††} (containing silybin, isosilybin, silydianin, silychristin)	280 mg	**
Proprietary Mix of Curcumin [from Curcuma longa L. rhizome extract standardized to 40% (40 mg) curcuminoids] and Fenugreek Galactomannans (from Trigonella foenum-graecum seed extract)	100 mg	**
N-Acetyl-L-Cysteine	100 mg	**
Rosemary (Rosmarinus officinalis) Leaf Extract (standardized to 7.6% min sum of carnosol+carosolic acid)	100 mg	**
Dried Melon (Cucumis melo L.) Pulp Juice Concentrate [standardized to 140 IU superoxide dismutase (SOD)]	10.2 mg	**

Mixed Carotenoids (including beta-carotene, alpha-carotene, cryptoxanthin, zeaxanthin, and lutein)	1.5 mg	**
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Other Ingredients: Pea protein isolate, rice protein concentrate, apple fiber, partially hydrolyzed guar gum, high oleic sunflower oil, medium-chain triglycerides, natural flavors,[^] tapioca flour, silica, mono and diglycerides, Luo Han Guo fruit (monk fruit) extract, and hydrogenated palm oil.^{^^}

Directions: Blend or shake 2 level scoops (40 grams) of Axis Endo into 8 fluid ounces of water, juice, or soy, almond, rice, coconut or organic cow's milk once or twice daily as directed by your healthcare practitioner. For highly sensitive individuals, consider reducing consumption to 1/2 to 1 scoop with 4-5 ounces of chilled water or recommended fluid twice daily during the first 3-4 days before starting a full daily dose.

This product is non-GMO and gluten-free.

Caution: Do not use if pregnant or nursing. Consult your healthcare practitioner prior to use if taking medications or other nutritional supplements. Keep out of the reach of children.

Tamper Evident: Do not use if package is torn or open.

Storage: Keep closed in a cool, dry place.

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

^{††}As Metafolin®. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany

^{††}By HPLC analysis

[^]No MSG

^{^^}RSPO certified (Roundtable on Sustainable Palm Oil)