

Mag Glycinate

Form: Tablets

Flavor:

Size: 120 Tablets



Medicinal Ingredients	Amount
Each tablet contains:	100 mg
Magnesium (magnesium bisglycinate)	

Non-Medicinal Ingredients: Cellulose, stearic acid (veg), croscarmellose sodium, and silicon dioxide.

Recommended Dose: Adults take 1-3 tablets daily or as directed by your healthcare practitioner.

Recommended Use: Helps to maintain proper muscle function and tissue formation.

Caution: For adult use only. Do not use if perma seal is missing.

This product is non-GMO, gluten-free, and vegetarian.