



## Mag L-Threonate

**Form:** Capsules

**Flavor:**

**Size:** 120 Capsules

**Mag L-Threonate** features magnesium L-threonate as Magtein<sup>®</sup>, designed to help support cognitive health. Magnesium, a divalent cation, is important for neuronal activity as it binds to neurotransmitter receptors and is a co-factor for neuronal enzymes.\*

Ingredients	Amount Per Serving	% Daily Value
Serving Size	2 Capsules <sup>†</sup>	
Servings Per Container	60	
<b>Per Serving (2 Capsules)</b>		
Magnesium (as magnesium L-threonate)	98 mg	25%
Magnesium L-Threonate <sup>††</sup>	1.3 g	*
<b>Per Serving (3 Capsules)</b>		
Magnesium (as magnesium L-threonate)	147 mg	37%
Magnesium L-Threonate <sup>††</sup>	2 g	*

**Other Ingredients:** Capsule (hydroxypropylmethylcellulose), microcrystalline cellulose, stearic acid (vegetable), and silica.

**Directions:** Take three capsules in divided doses daily: one capsule in the morning and two capsules two hours before sleep as a dietary supplement, or as directed by your healthcare practitioner.

**This product is non-GMO, gluten-free, and vegetarian.**

**Caution:** Do not use if pregnant or nursing. Consult your healthcare practitioner if taking diuretics, antibiotics, or medications for osteoporosis. Keep out of the reach of children.

**Storage:** Keep tightly closed in a cool, dry place.

\*Daily Value not established.

<sup>†</sup>Vegetarian capsule

<sup>††</sup>Magtein™ is a trademark of Magceutics, Inc. and is distributed exclusively by AIDP, Inc. Magtein® is protected under US patents 8,178,118; 8,142,803; 8,163,301; and other pending patents