



MethylCare[™]

Form: Capsules

Flavor:

Size: 120 Capsules

MethylCare[™] is a comprehensive formula that features calcium L-5-methyltetrahydrofolate—a body-ready, nature identical folate—along with N-acetyl-L-cysteine, vitamins B₆ and methylated B₁₂, and betaine HCl. Together, these nutrients support methylation, which promotes healthy homocysteine metabolism.*

Ingredients	Amount Per Serving	% Daily Value
Serving Size	2 Capsules [†]	
Servings Per Container	60	
Riboflavin	1.6 mg	94%
Vitamin B ₆ (as pyridoxine HCl)	25 mg	1,250%
Folate (as calcium L-5-methyltetrahydrofolate) ^{††}	800 mcg	200%
Vitamin B ₁₂ (as methylcobalamin)	1,000 mcg	16,667%
Zinc (as zinc citrate)	1.5 mg	10%
Manganese (as manganese citrate)	0.4 mg	20%
Molybdenum (as molybdenum glycinate)	15 mcg	20%
N-Acetyl-L-Cysteine	600 mg	*
Betaine HCl	500 mg	*

Other Ingredients: Capsule (hydroxypropylmethylcellulose), silicified microcrystalline cellulose, stearic acid (vegetable), magnesium stearate (vegetable), and silica.

Directions: Take 2 capsules once daily, or as directed by your healthcare practitioner.

This product is non-GMO and gluten-free.

Caution: If pregnant or nursing, or taking medications, please consult your healthcare practitioner before use. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

[†]Vegetarian capsules.

^{††}As Metafolin[®]. Metafolin[®] is a registered trademark of Merck KGaA, Darmstadt Germany

*Daily Value not established.