



PhytoMulti® Capsules

Form: Capsules

Flavor:

Size: 60 Capsules

PhytoMulti® takes you beyond basic wellness support. It has a proprietary blend of 13 concentrated extracts and phytonutrients with scientifically tested biological activity to support cellular health and overall wellness.*

For more information: PhytoMulti.com

Ingredients	Amount Per Serving	% Daily Value
Serving Size	3 Capsules [†]	
Servings Per Container	20	
Vitamin A [50% from mixed carotenoids and 50% as retinyl acetate]	10,000 IU	200%
Vitamin C (as ascorbic acid and ascorbyl palmitate)	120 mg	200%
Vitamin D (as cholecalciferol)	1,000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate)	100 IU	333%
Vitamin K (as phytonadione)	120 mcg	150%
Thiamin (as thiamin mononitrate)	25 mg	1,667%
Riboflavin	15 mg	882%
Niacin (as niacinamide and niacin)	50 mg	250%
Vitamin B ₆ (as pyridoxine HCl)	25 mg	1,250%
Folate (as calcium L-5-methyltetrahydrofolate)	800 mcg	200%
Vitamin B ₁₂ (as methylcobalamin)	200 mcg	3,333%
Biotin	500 mcg	167%
Pantothenic Acid (as D-calcium pantothenate)	75 mg	750%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium citrate)	40 mg	10%
Zinc (as zinc citrate)	15 mg	100%
Selenium (as selenium aspartate)	100 mcg	143%
Copper (as copper citrate)	1 mg	50%
Manganese (as manganese citrate)	0.5 mg	25%

Chromium (as chromium polynicotinate)	200 mcg	167%
Molybdenum (as molybdenum aspartate complex)	50 mcg	67%
Choline (as choline bitartrate)	25 mg	*
Inositol	25 mg	*
Lycopene	6 mg	*
Zeaxanthin	2 mg	*
Lutein	6 mg	*
Resveratrol (from <i>Polygonum cuspidatum</i> root extract)	10 mg	*

Proprietary Phytonutrient Blend of:

Citrus bioflavonoid complex [standardized to 45% hesperidin], green coffee bean extract [standardized to 45% chlorogenic acid], pomegranate whole fruit extract [standardized to 43.2 mg gallic acid equivalents (GAE)], grape seed extract [standardized to 85% oligomeric proanthocyanidins], blueberry (*Vaccinium* spp.) fruit extract [standardized to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardized to 60% catechins and 40% EGCG], bitter melon fruit extract, prune skin extract [standardized to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (*Cinnamomum cassia*) bark powder, Indian gum Arabic tree bark and heartwood extract [standardized to 6% catechins], rosemary extract [standardized to 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]

400 mg *

Other Ingredients: Microcrystalline cellulose, capsule [hypromellose, sodium copper chlorophyllin (color)], stearic acid (vegetable), and magnesium stearate (vegetable).

Directions: Take one to three capsules once daily with food or as directed by your healthcare practitioner.



This product is non-GMO and gluten-free.

Warning: Do not use if pregnant or nursing. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl acetate) per day unless instructed to do so by a healthcare practitioner.

Caution: If you are taking medication or other nutritional supplements, consult your healthcare practitioner before use. Keep out of the reach of children.

*Daily Value not established.

¹Vegetarian capsule. Not all contents inside the capsule are vegetarian.

[†]As Metafolin[®]. Metafolin[®] is a registered trademark of Merck KGaA, Darmstadt Germany